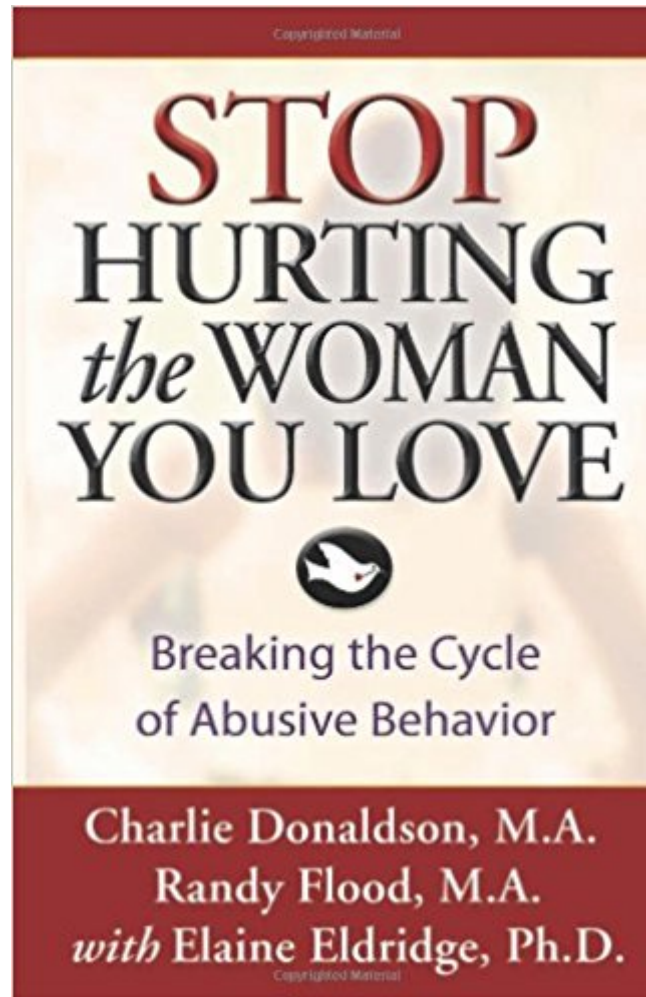


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# Stop Hurting The Woman You Love: Breaking The Cycle Of Abusive Behavior



## Synopsis

End the cycle of abuse - for good. Authors Charlie Donaldson, Randy Flood and Elaine Eldridge uncover a proven action plan that violent men can use to change their behavior. Filled with insightful questionnaires and actual case histories, the essential how-to book *Stop Hurting the Woman You Love*, will help end abusive patterns in favor of healthier, happier relationships.

## Book Information

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (19 customer reviews)

Best Sellers Rank: #68,371 in Books (See Top 100 in Books) #35 inÂ Books > Parenting & Relationships > Family Relationships > Abuse > Partner Abuse #134 inÂ Books > Self-Help > Abuse #161 inÂ Books > Parenting & Relationships > Family Relationships > Conflict Resolution

## Customer Reviews

It's pretty obvious that someone who thinks it's all right to push and slap women, order women around like a drill sergeant does, and expect complete obedience isn't going to be a candidate for any self-help book to develop a better relationship. But some men who behave that way are shocked when their girl friend or wife leaves, calls the police, and begins legal proceedings . . . and those men want to restore the relationship, even if it means they have to change. If such a man is willing to enter a group that works on overcoming those behaviors and the attitudes that lie behind them, *Stop Hurting the Woman You Love* can be a very helpful resource. Mr. Donaldson and Mr. Flood have considerable experience in assisting men to make this kind of transition through their work as directors of the Men's Resource Centers in Holland and Grand Rapids, Michigan. Most of the men they see are sent to the centers by a court after having been found to be criminally abusive. From that background, the authors create some fictional types that represent the kinds of men who become abusers. I recognized several of the types among men I know who have abused their wives. They then do a fine job of explaining how these men see what's going on . . . and how those faulty views of reality get the men (and the women they love) into trouble. This material is

presented in straightforward language, and I doubt if anyone will find a confusing message anywhere in the book. Once having looked at abusers, the reader is invited to find out about himself through a self-assessment built from attitudes and behaviors. You are then guided to identify your primary style of interacting with women and your family.

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